

## *Create wonderful lives*

'Create beautiful lives, wonderful sex.'

CHRIST SAYS:

"I have come again to talk, colloquially, about your lives and the way you approach your daily living. You get up in the mornings and have absolutely no idea of what really lies ahead. You plunge into your routine and speak sentences and say words without a second thought of their likely impact on your environment or of what they may do to your listeners or of what you are laying up for yourselves in the future.

You believe you are in control of your life but, in fact, you are all acting heedlessly and in total ignorance of what, minute by minute, you are creating for yourselves,

Just as importantly, you carry around an emotional burden which no amount of interesting events or exciting experiences can wipe from your heart and consciousness. Everywhere you go, the emotional burden lowers your consciousness vibrations and moves down into your nervous system and then into your physical cells, reducing the life force in them and their mode of functioning – including their efficiency in self-repair.

When you encounter opposition, your human ego stands up bristling in self-defense. Your Ego's job as 'Custodian of your Individuality' is to ensure your survival. Therefore, it springs to your defense and you feel that opposition in any form, is intolerable and not to be borne.

As a result, you find your minds and emotions becoming agitated, resentful and heated, and you want to hit back, to make the opposition go away, whether it is justified or not.

This is something that people must understand about the Ego – it is absolutely lacking in insight, objectivity or spontaneous sense of justice.

When you are controlled by the Ego Impulses, the consciousness vibrations you are now emitting are so off balance, so devoid of good sense, that they adversely affect the people around you and create consciousness blueprints of so much disharmony that they begin to affect your future experiences, activities and situations.

It is vitally important to your future welfare and lives that you wake up to the fact that you are not victims of your circumstances and the experiences in your lives – but the CREATOR of them.

For instance, if, during the day, you create a rumpus or argument with work mates or boss, when you return home from your work to your nearest and dearest in the evenings, you may be still controlled by your resentful Ego. If so, you no longer speak from the quietness of your truth or from any spiritual values you may possess – for these will now be discoloured and distorted by the run-away emotions you created for yourself at work earlier in the day.

Equally, in the morning, you may emerge from your home (which should be a place where your spirit is renewed and your heart uplifted in warmth), but you walk through your front door swathed with the disquiet of early morning grumpy reactions to and from your partner.

Perhaps you had a row with your partner over one grievance or another and tried to heal it with sex, only to find that whilst the sex seemed to bring you emotionally closer again, it did not really satisfy, and it did not heal the resentment. You must understand that when you have unprotected sex, you exchange not only your body fluids but also your consciousness.

Many people's consciousness is constantly so reactive, even hostile, towards mankind and life generally, that it not only reduces the physical health of the individual but also adversely affects the partner's physical and emotional wellbeing.

When, after a hurtful row you have sex to 'make-up the quarrel, you are then also infused with the consciousness of your partner's bad feelings. All unknowingly, you take those to work with you as well as your own.

I am explaining to you exactly how your earthly world (which you call solid), but is really CONSCIOUSNESS energy – is fashioned out of bad temper consciousness forms or those of love and good humour – affecting your health and performance in life for good or ill. Whatever kind of consciousness you are creating, you leave your energy imprint on everything you encounter ... including your car, your computer and anything else you may be using during the day.

“How can this be?” You will probably ask?

Because the entire universe with all its galaxies, is only CONSCIOUSNESS - LOVE/INTELLIGENCE in its highest form working through the inter-actions of electromagnetism.

ELECTROMAGNETISM is really the 'stuff' of human mind power and emotional impulses - as they are seen within the field of earthly life.

Read Letters 5 & 6 until you fully understand that nothing is solid. All you see, feel, touch, are really CONSCIOUSNESS IMPULSES made visible through the interplay of electromagnetism.

When you have fully understood this and have seen the true place you occupy in creating good health or non-health, happiness or non-happiness FOR YOURSELF AND OTHER PEOPLE – you may then be persuaded that the only sensible way forward is to

WALK CHRIST'S WAY ..... the WAY of UNCONDITIONAL LOVE

How can you begin to change your normal thought patterns and master your unruly emotions?

You can do it by exercising will-power. But when you rely on your will-power, you are leaning on the same ego consciousness as causes you to lose your sense of emotional balance. This is like using treacle to wipe away a mess of treacle.

Or you can learn to control your Ego by seeking to know and make contact with the SOURCE of your BEING,

Which I termed the 'Father'.

Read Letters 7 and 8

You are not alone. With consistent prayer and meditation, eventually you will make contact with THAT which will prove to be your greatest source of good and comfort in the world.

No doubt, many people will be writing in to ask whether Christ approves of or condemns condoms. Christ's vibrant answer to this is:

No new, creative ideas ever come from the human brain cells. People who invent and create something new, receive the new idea from the Universal. Whatever comes from the Universal can be used to benefit creation.

The creation of the condom was one of the most loving and wonderful gifts and blessings to appear on earth both outside and within the bonds of marriage. It has brought relief to women sorely burdened by the demands of importunate men. It has been the means of sparing unwanted children the misery of an unloved existence. Countless children may have been born into poverty and died early deaths. With the arrival of Aids, the condom is certainly a means of protecting a partner.

But, it must be understood, there are facets of existence where MORALITY should be exercised. Letter 9 is very clear on what is TRUE sexual morality, true SPIRITUAL And blessed sex, which the Church knows nothing about.